



At Home Make Up Assignment Options

For every day of class you are absent, you are responsible for completing a make up assignment to earn back your **warm up , activity, and personal responsibility points for the day**. Absent students are also responsible for completing any in class assignments that were missed in addition to the make up assignment. If you miss a run or fitness activity, you will need to check your teacher on how to earn back your points. Please talk with your teacher and check School Loop to be sure to make up all missed work. If you are going to be absent for more then 1 week, please notify your teacher so they can inform you of what make up assignments you will need to complete.

Make up work is due upon your return to school. You are allotted the same amount of days to complete the make up work that you have been absent (4 days of absence= 4 days to complete the 4 make up assignments upon your return to school). Here are 3 assignments to choose from:

1. **Watch a Sporting Event:** Complete the worksheet on page 32
2. **Summarize an Article:** Complete the worksheet on page 33
3. **Exercise Log:** Complete the worksheet on page 34



Name _____ Per. _____

Sporting Event Make Up Assignment

Directions: Watch a sporting event either on T.V. or in person. Answer the questions below completely and return this paper to your teacher to earn back your make up points for your absence.

- 1. Date of sporting event: _____
- 2. Name of the team or teams playing: _____
- 3. Location of the event: _____
- 4. Type of sport being played: _____
- 5. List 5 skills that you observed the players using in the game:

- 6. Pick a player from each team that you felt was the most valuable to their team and explain why you gave them this award.

Name of player: _____

Position played: _____

Team: _____

Reason: _____

Name of player: _____

Position played: _____

Team: _____

Reason: _____

- 7. Which team or player won the game? _____

- 8. Why do you think they won?

- 9. What was the final score of the game? _____

- 10. What did you enjoy most about the game?



SET for SUCCESS



Name _____ Per. _____

Exercise Log Make Up Assignment

Directions: Participate in 1 hour of physical activity. Complete the activity log below. You must include a **parent/ guardian signature** to receive full credit for this activity.

Date of absence: _____

Date of exercise: _____

Type of exercise: _____

Location where exercise was performed: _____

Explain the exercise(s) that you performed using at least 8 sentences: _____

How did this exercise relate to physical education class?

Parent/ Guardian Signature: _____