

2023 SOPHOMORE DELIGHT INFORMATION

DATE: Friday, August 25, 2023
LOCATION: Elk Grove Park
9950 Elk Grove Florin Rd, Elk Grove
Near Jerry Fox Swim Center
ARRIVAL TIME: 3:45PM - meet in parking lot near pool/pond
RACE TIME: 4:15PM (boys)
4:20PM (girls)
DISTANCE: 1.87 Mile
WHAT TO WEAR: Uniform and running shoes
WHAT TO BRING: Sweats, water, snack



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